



# Student Assistance Program (SAP) Consultations for Faculty and Staff

## Have concerns about a student struggling with mental health, substance use or other personal challenges?

Faculty and staff have access to professional guidance through the Student Assistance Program (SAP) consultations. This service is designed to help address concerns about students facing challenges that may impact their academic performance and to help you navigate these tough situations and provide support.

### How SAP Consultations Can Help:

- Early intervention: Identify problems before they escalate.
- Create a plan: Together we'll develop a personalized support plan for the student, including intervention strategies, referrals to community resources and ongoing monitoring.
- Confidential guidance: All discussions are kept private.

### Common Topics We Can Address:

- Academic performance issues or test anxiety
- Behavioral concerns
- Substance use
- Mental health challenges
- Family or personal dynamics
- Attendance problems
- Interpersonal conflict

By working together, we can provide students with the resources and support they need to succeed. Visit <https://cabellhuntington.org/services/counseling-services/eap-sap> to learn more or contact **304.781.4474** to schedule a consultation.