# Mountain Health Visitation

For the health and safety of our patients, visitors and staff, we ask that you abide by the following guidelines when visiting patients in the hospital:

## System-Wide
- All visitors should arrive wearing a mask and continue wearing their mask during their entire visit. (Visitors must provide their own mask.)
- Visitors will be screened at the entrance using a brief series of questions.
- All visitors should wash their hands with soap and water for 20 seconds or apply hand sanitizer upon entry and departure from patient rooms and the facility.
- Visitors must be age 18 and over.
- Compassionate care considerations and exceptions may be made on a case-by-case basis.
- Exceptions to visitation hours may be made for essential caregivers.

## Labor & Delivery and Mother Baby Unit
- Labor & Delivery and post-partum patients who are admitted to a Mountain Health facility may have one designated support person in labor, delivery, and for the duration of the mother’s hospital stay.
- All pregnant women coming for ultrasounds at a MHN facility will be allowed to have one person accompany them to the appointment. This person must be age 18 or older, wear a mask/face covering, be asymptomatic, and wash or sanitize their hands.

## Emergency Department
- Emergency Department patients at a Mountain Health facility may have one person accompany them during their ER visit.
- Pediatric ER patients may have up to two essential caregivers (parents or guardians only) accompany them during their ER visit.
- All other visitors must remain in their vehicles.

## Inpatient & Outpatient Surgeries and Procedures
- Adult patients having an outpatient procedure or surgery at a Mountain Health facility may have one visitor accompany them to the facility.
- Visitors of adult inpatients taken to surgery will be asked to wait in the patient room during the patient’s procedure.
- Pediatric patients having a procedure or surgery at a Mountain Health facility may have two parents/guardians accompany them into the facility and remain with patient until

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the procedure. During the procedure, the parents/guardians may wait in the lobby or the patient room if the patient is admitted.

**Physician Offices and Clinics**

- Patients at physician offices and clinics may be asked to wait in their vehicles or outside the office until their appointment. Contact your provider’s office/clinic for information prior to your appointment.
- Family members of adult patients will not be permitted to accompany their loved ones into the office or exam room unless absolutely necessary. If an essential caregiver is needed for assistance, only one person may accompany the patient.
- Patients arriving to receive and discuss critical results with their provider may be accompanied by one visitor to their appointment.
- Pediatric patients may have one parent or guardian present during the appointment who remains in the exam room with them.

**Clergy**

- Spiritual ministry for COVID-19 positive or isolated patients is through electronic communications only – not at bedside.
- Outside clergy intending to visit with a patient admitted to a Mountain Health facility should contact, and coordinate with, the respective facility’s pastoral/spiritual care department.
- Mountain Health pastoral care will provide education to visiting clergy on safe ministry and visitation practices.

**Skilled Nursing and Behavioral Health Units**

- SMMC Skilled Nursing Unit visiting hours are Noon-6 p.m.
- No visitation until further notice for SMMC Behavioral Health Unit.

*Thank you for your cooperation and understanding.*